

NEWS FROM THE SCHOOL COUNSELING OFFICE

January 31, 2020



January and February are busy months in the School Counseling office! Read on for updates about what is happening.

Tech Programs

Current Freshmen who are interested in attending a Pre-Tech program at CTE next year should sign up in the SBHS Counseling office to attend a visit on March 19.

Any student/family can attend the Open House at CTE on February 15 from 11-2 (register at ewsd.org/cte) or the open house at BTC on February 8 from 9-12 (for more information, go to btc.bsdt.org).

Juniors

Mark your Calendars! The Junior Post-Secondary Planning Information Session is on February 13th at 7:30 AM. (yes, it's in the morning!) This session is for parents and students. Hope to see you there!

At the start of the school year, you received a copy of the "Junior Calendar". If you haven't check that in a while, it would be useful to do so. Senior year is coming, and there is a lot you can do now to make your post-high school planning easier. A copy of the calendar can be found in a link at the bottom of the newsletter.

Planning for the summer...

MedQuest and the Governor's Institute are popular summer programs for High School students.

MedQuest is a week-long, residential hands-on program that explores careers in health care. Activities include job shadowing, classroom learning and science labs/dissection training. For more information, go to nvtahc.org. Applications are available now!

The Governor's Institute of Vermont (GIV) provides fun, accelerated learning residencies on college campuses for motivated students. They offer a wide variety of opportunities. This year, some of the offerings are Art, Astronomy, Engineering, Entrepreneurship, Global issues & Youth Action, Health & Medicine, and Mathematical Sciences. For more information, go to giv.org. Applications will be available in February.

Selecting Courses for next year

Our high school counselors met in small and large groups with our students in grades 9-11 last week to provide some important information about our 2020-21 course selection process. In these meetings, we have:

1. Highlighted some helpful steps students can take to gather information that will help them make well-informed and thoughtful choices.
2. Had conversations about what students might consider when selecting courses (i.e., grad requirements, college preparation, further exploring areas of interest, finding a balance, trying new things, etc.)
3. Encouraged students to have conversations at home about these choices
4. Provided instructions for the course selection process this year.

1/26-2/2: Course selection is available in the PowerSchool Student Portal for students Grades 9-11

- Your students should take the time to complete their course selections. Students should do this with parent/guardian input.
- Be thoughtful—we create our schedule based on student course selections made at this time. Given the large freshman class coming in 20/21, we anticipate that once the schedule is built, there will be very little extra room available in courses to add more students.

2/3-2/18: Counselors will meet one on one with each student to review selections and make any changes needed. These meetings have already been scheduled through ESS/US History and 11th grade science classes. (Teachers will let students know when their meetings will happen).

